

NEURODIAGNOSTIC CENTER
2505 Bush Ridge Drive, Suite A, Louisville, KY 40245
Phone: (502)708-1338
NerveMuscleCenter.com

How To Schedule Your Appointment with Dr. Iyer

We have recently changed our scheduling process, so even if you have been to our office recently, please read carefully so as to not delay your appointment. Please be advised that we cannot schedule an appointment for you until we have the order from the referring physician.

1. When you are ready to schedule your appointment gather the following information to allow us to process your request as quickly as possible:
 - a. Full name
 - b. Date of Birth
 - c. Referring physician
 - d. Insurance information - type and member ID if available for Primary and Secondary
 - e. The best phone number and time to reach you. Our call back hours vary, but if you need to be contacted after 3:00PM it may be best to give an email address if possible.
 - f. If you prefer to be contacted via email please spell out your email address slowly and clearly.
 - g. If you have a return appointment with your referring physician please let us know.
2. If you do not plan to schedule, you do not have to call the office. If you just have questions about the test visit our website at NerveMuscleCenter.com. If you would like to give us a courtesy call letting us know you don't plan to schedule or would like to wait to have the test you may do so at your convenience.
3. Call (502) 708-1338, select option 1 and wait for the prompt. Have the information above handy and follow the instructions on the message. Please be sure to speak slowly and clearly.
4. We will call/email you back within 2-3 business days.
5. We recommend calling your referring physicians and letting them know you are scheduled so that they can give you a return appointment.
6. You may ask to be put on the cancellation list to have your appointment moved up when another patient cancels, but be sure to notify your referring your physician if this is the case to find out if they can get you back into their office sooner.

How to Prepare for the Tests

1. Eat normally and take your medications as usual. **If you have an implanted cardiac pacemaker or defibrillator you must inform our office as soon as possible as we may not be able to perform the test in our office.** You will not be sedated for the test and you should be able to drive afterward. We ask that if you have a history of fainting or seizures you bring someone with you. You are also welcome to bring someone with you if you are anxious about the test. However, please **DO NOT bring children under the age of ten** with you unless you have an accompanying adult to stay with them in the waiting room.
2. Please make sure the area to be tested is clean. Scrub the body part to be tested to remove any body oils on the day of the test. **DO NOT USE ANY BATH OIL, LOTIONS, VASELINE, or CREAMS** on the area to be tested 24 hours before your appointment time.
3. If you're being tested on the upper extremities (hands and arms), if possible, please wear a

loose, short-sleeved shirt or bring one with you. If you're being tested on the lower extremities (feet and legs) we recommend wearing loose-fitting sweats or shorts. Also, please remove any jewelry or watches on your fingers, wrists, ankles, and toes prior to your appointment.

What to Expect During the Test

First, the physician will take a brief medical history. Describe your symptoms, past illnesses and medications you are currently taking. Be sure to tell the physician if you are on blood thinners (anticoagulants such as Coumadin), are highly susceptible to infections, bruise easily, have a pacemaker, defibrillator, or a heart murmur or current heart issue, have a history of hepatitis or AIDS, fainting, seizures, or a latex allergy. A brief neurological examination may follow to check muscle strength, sensations and reflexes.

Nerve Conduction Test: Recording electrodes will be taped to your skin. A stimulating electrode is held against your skin, which sends a small electrical charge along the nerve. You may feel a tingle or your muscle may twitch. The recording electrodes will detect the electrical signals as they travel along the nerve. The interval between the stimulation and the response will be recorded to determine how quickly and efficiently signals travel along the nerve. Each test will take just a few minutes, but several nerves may have to be tested depending upon the disorder.

Needle Electromyography: A thin **disposable** needle electrode is inserted into a muscle to record electrical activity, at rest and during effort. The number of muscles examined may vary depending upon your particular condition. There is a slight risk of minor localized bleeding at the site of needle insertion. Transient soreness of the tested muscles may be experienced, which responds to over-the-counter pain relievers.

Test Report

If you are seeing your referring doctor on the same day, a preliminary report will be faxed to the office no less than 2 hours after your appointment with Dr. Iyer. The final report will be sent within 24-48 hours. If the report is to be sent to other physicians, please provide the names and phone/fax numbers on your paperwork and inform the staff while you're in the office. If you have more than 2-3 doctors other than the referring physician who need the report, it is best to just have it sent to your home or through email so you can take it wherever you may need it.

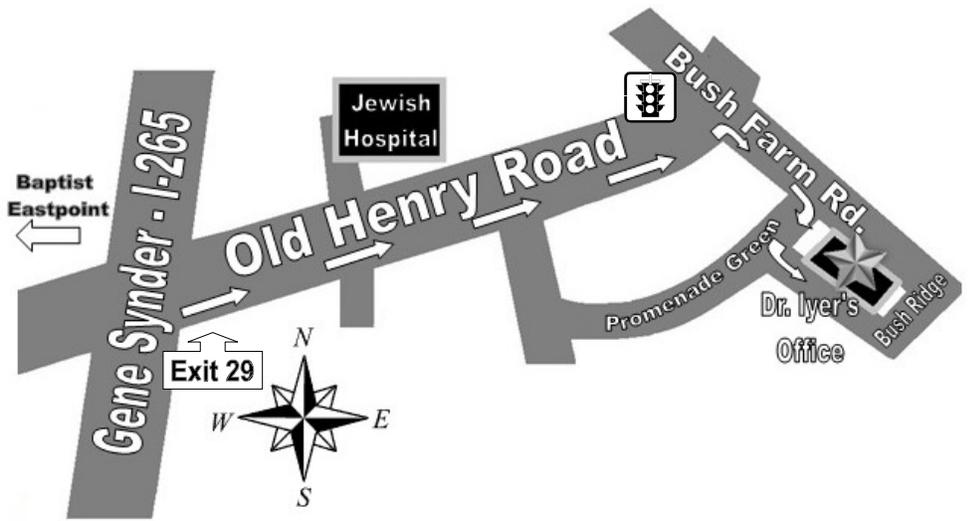
Please note that the Neurodiagnostic Center does tests to confirm or rule out specific neuromuscular disorders, **but no treatment is provided**. You should consult the referring physician regarding treatment options.

V. Iyer, M.D.
NEURODIAGNOSTIC CENTER

2505 Bush Ridge Dr. Suite A
Louisville, KY 40245
Phone:(502) 708-1338

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When Using GPS Enter the
 Intersection of Old Henry Rd.
 and Bush Farm Rd.



From Oldham/Henry/Carroll/Cincinnati (via I-71S):

-  1. Take I-71 S
-  2. Take **Exit 9A** to merge onto I-265 S Gene Snyder Fwy
-  3. Take **Exit 29** for Old Henry Rd.
-  4. Turn **Left** onto Old Henry Rd.

From Elizabethtown/ Central or Southern KY (via I-65N):

-  1. Take I-65 N
-  2. Take exit **125A** to merge onto I-265 E/ Gene Snyder Fwy
-  3. Take **Exit 29** for Old Henry Rd.
-  4. Turn **Right** onto Old Henry Rd.

From St. Mathews/S. Louisville/Highlands:

-  1. Take I-264 E
-  2. Take **Exit 19A** to merge onto I-64 E toward Lexington
-  3. Take **Exit 19B** to merge onto I-265 N/Gene Snyder Fwy
-  4. Take **Exit 29** for Old Henry Rd.
-  5. Turn **Right** onto Old Henry Rd.

From Jeffersonville/Sellersburg:

-  1. Take I-65 S
-  2. Take **exit 137** for I-71 E toward Cincinnati/Lexington
-  3. Merge onto I-71 N
-  4. Take **Exit 9A** to merge onto I-265 S/ Gene Snyder Fwy
-  5. Take **Exit 29** for Old Henry Rd.
-  6. Turn **Left** onto Old Henry Rd.

From the West Louisville/Portland/New Albany:

-  1. Take I-264 W . (If applicable)
-  2. Take **Exit 0-A** to merge onto I-64 E (from 264)
-  3. Take **Exit 6** to merge onto I-71 N toward Cincinnati
-  4. Take **Exit 9A** to merge onto I-265 S/Gene Snyder Fwy
-  5. Take **Exit 29** for Old Henry Rd.
-  6. Turn **Left** onto Old Henry Rd.

From New Albany/Corydon/Georgetown:

-  1. Take I-64 E
-  2. Take **Exit 19B** to merge onto I-265 N/ Gene Snyder
-  3. Take **Exit 29** for Old Henry Rd
-  4. Turn **Right** onto Old Henry Rd

From Valley Station/S. Dixie Hwy/Outer Loop/Fairdale:

-  1. Take I-265 E/ Gene Snyder Fwy (will become I-265 N)
-  2. Take **Exit 29** for Old Henry Rd
-  3. Turn **Right** onto Old Henry Rd

From Clarksville via Lewis and Clark Bridge (Bridge has Tolls)

-  1. Take I-65 N toward Indianapolis
-  2. Take **Exit 6A** to 265 E/IN-62 E/KY-841 S toward Port of IN
-  3. Take **Exit 29** for Old Henry Rd
-  4. Turn **Left** onto Old Henry Rd

From Lexington

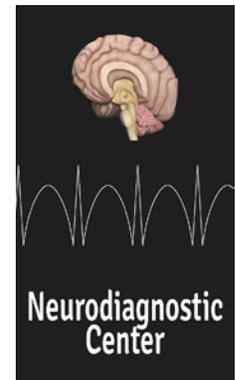
-  1. Take I-64 W
-  2. Take **Exit 19B** to I-265 N
-  3. Take **Exit 29** for Old Henry Rd.
-  4. Turn **Right** onto Old Henry Rd.

From Shelbyville Rd. (no interstate)

-  Turn N onto N English Station Rd
 -  Continue onto Old Henry Rd (no turns)
 -  Turn **Right** on to Bush Farm Rd.
- We're the first building on the **Right**

From LaGrange Rd (no interstate)

-  Head SE on Factory Ln
 -  Continue onto Old Henry Rd at stop sign (**Do not turn Left**)
 -  Turn **Left** onto Bush Farm Rd at the Light 
- We're the first building on the **Right**



Vasudeva Iyer, M.D.

2505 A



From Old Henry Road follow these instructions if coming from I-265 : You'll pass Jewish Hospital on your left, there will be a Subway on your right. The next light  is **Bush Farm Rd**. Turn **Right**  onto **Bush Farm Rd**. We're the **first building on the right**. Either **Promenade Green to Kirtling Green Drive** or **Bush Ridge Drive** will take you to our parking lot. In the rear of the building look for the sign next to the door that says **Neurodiagnostic Center** and **2505** above the door.